


**GREATER NORRISTOWN WRESTLING CLUB
PROUDLY PRESENTS THE
2011 HOLIDAY NOVICE TOURNAMENT
December 11, 2011**

Proudly Presented By:

	Greater Norristown Wrestling Club	
	<p>MAIL IN REGISTRATION:</p> <p>Greater Norristown Wrestling Club c/o Aaron Barkmeyer 3209 Dekalb Blvd. E. Norriton PA 19401</p> <p>Contestant fee: \$20.00 Payable to: G.N.W.C.</p> <p>All registrations must be received by: Wednesday 12/07/2011</p> <p style="text-align: center;">Registration available On Line at: WWW.GNWC.ORG</p>	<p>WEIGH-IN: All wrestlers must be weighed in by their coaches on December 7th or 8th and the coach needs to email the wrestlers actual weight to bark957@comcast.net no later than 12:00 noon on Friday December 9th 2011.</p> <p>Challenge Rules: Proof of age required for all kids, both wrestlers must show proof of age if a challenge occurs. Weight Challenges: Wrestlers shall be expected to be within 2.5 lbs of their entered weight if a challenge occurs. Weight or age challenges must be made prior wrestling. The tournament director has the final say in all challenges regarding weight and age</p>
<p>TOURNAMENT DIRECTOR: JOHN RUSSO CONTACT: AARON BARKMEYER (484) 571-4368</p>		

AGE EFFECTIVE DATE: A wrestler's age group classification is determined by his/her age on December 31, 2011.
EXAMPLE: A wrestler's 10th birthday is 1/1/2011. That wrestler competes in the 8-9 division.

FORMAT: Double elimination (no true second). **Silent Format** (wrestlers will be wrestling on the same mat the entire day)

AWARDS: Trophies awarded to top three wrestlers in each weight classes, medals awarded to fourth place in each weight class, ribbons for all participants, and **TEAM TROPHIES FOR TOP FOUR TEAMS OVERALL.**

Refreshment: Hot and cold food and beverages will be served throughout the day

Admission: Coaches/adults- \$5.00 Students: \$2.00 Children (under 5): Free

RULES AND REGULATIONS

1. Novice Classification – For the purpose of this tournament novice is any wrestler who has not placed 1st, 2nd, or 3rd in any open tournament. Any wrestler who has placed 1st, 2nd, or 3rd in an open tournament is not eligible to participate
2. A wrestler's age group classification is determined by his/her age on December 31, 2011.
EXAMPLE: A wrestler's 8th birthday is 1/1/2012. That wrestler competes in the 6-7 division.
3. There is no weight allowance.
4. National Federation and PIAA rules will govern all matches except as follows:
all bouts will consist of three 1 minute periods.
Overtime to be 1 minute sudden death followed by one (1) 30 second ride out period.
5. Mouth Guards are recommended for participants with braces.
6. AGE CHALLENGE RULE - Challenger and Challenged must provide proof of age. Bring A copy of the wrestler's Birth certificate.
7. We reserve the right to combine/divide brackets based on the number of registration received per age/weight class.